

Are you confused by  
all the options for  
nutrition and health  
PD?



## READY TO SOAR TOWARDS SAFER FOOD AND NUTRITION TEACHING?

The science of food and nutrition has changed. Learn how to apply it safely to your classrooms with Gwen, a Registered Dietitian who isn't afraid to challenge "The way it's always been done".



**Thought provoking  
and practical.**

Challenge the way we teach about health and food. Learn about diet- culture, how it's harming students and how to teach your curriculum safely.



**Customized for  
your group.**

Every workshop we do is customized to the groups location, interests, specific challenges, budget and grades and courses.



**Focused on the  
needs of  
educators.**

Educators are our entire focus! We know that safe schools and healthy kids is only possible by empowering educators.



Book your virtual or PD for 2023-2024 now!

[www.dietitians4teachers.ca](http://www.dietitians4teachers.ca)

[info@dietitians4teachers.ca](mailto:info@dietitians4teachers.ca)

**Let's chat.**

Click here to book a free chat to discuss what we can do together.

